

# What's in the Pot?

## 48th Annual IHLRN Conference

Sunriver, Oregon

October 2017

[ihlrn.org](http://ihlrn.org)



## **IHLRN #49 is right around the corner!      October 14-21, 2018   Victoria, B.C., Canada**



Please check to make sure that your passport is current! It would be such a shame to discover at the airport that it is no longer valid and you cannot leave the country. I know because it happened once to me. Once was enough!

I had the opportunity/responsibility to make a site visit to Victoria last spring to check out three potential hotels. Two were okay but the Coast Victoria Hotel came in with flying colors! It is recently renovated hotel with its own docks right in the harbor from which we can catch a little water taxi to the heart of the harbor for just a dollar or two.

Our breakfast and lunch meals are in the dining room with windows looking out over the harbor. The meeting rooms have state of the art facilities. We are all in the same building with several spaces where we can gather during free time. And due to currency exchanges our fees for this year are lower than they have been in quite a while.

Remember world-renowned Bouchart Gardens? No trip to Victoria is complete without a trip there.

We need YOU there this year because we are already planning for a grand celebration for our 50<sup>th</sup> conference in October 2019! (Is that a semi-centennial?)

## THE BOARD



L-R: Paul Gelbmann, Ann Steiner, Lois Gold, Harvey Lewis, Sandy Fox, Joanne Kennedy, Bill Roller, Ron Nelson, Eva Barisova, Nada Feketeova, Linda Leviton

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M.A. Bjarkman

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Janet Bernson





## A letter from our President, JOANNE KENNEDY

The IHLRN community gathered in October 2017 at Sunriver Resort near Bend, Oregon. We enjoyed the sparkling sunshine of the high desert landscape and were awed by the beauty of the Cascade Mountain peaks nearby. Although we were a bit surprised by earlier than usual cool weather (It even snowed one morning) there were many chances to be outdoors to appreciate nature around us.



Our community came together again to create a loving conference environment. Presenters gave us opportunities to look deeply into ourselves and find ways to grow. We shared our appreciations of each other and reveled in the support that came through in the sharing of our work, challenges and passions. Creating a loving community of support is a key part of what we do every time we are together, hopefully providing new energy when we return to our lives and try to spread Virginia Satir's ideas and influence to a world in need.

We happily welcomed many first-time IHLRNs in Sunriver. I am grateful for the new energy and ideas newcomers bring. Our future is stronger when we broaden our community. Thanks to connections between IHLRN and Satir Global Network, Satir practitioners and like-minded people from around the world are finding IHLRN and joining our community.

Our board is working on several long-term projects. In Sunriver we heard about the Satir Archive Project from the Archival Committee, working to preserve recordings of IHLRN workshops over the years. Many of us have supported this work with generous contributions over the years - the need continues. Our Web Development Committee is tasked with discovering how to upgrade IHLRN's website to provide us with a more responsive, useful one which will help us reach more interested people.

The Site Selection Committee works every year to find beautiful and inspiring locations for our conferences. Now the committee is seeking the perfect location for our 50<sup>th</sup> anniversary conference in 2019.

I also wish to thank the hard working Executive Committee. Two Executive Committee members, Lois Gold and Ron Nelson, retired from the board at the end of 2017 after serving two three-year terms. We will miss the contributions of Lois and Ron and thank them for their dedication to IHLRN. We welcome Harvey Lewis as our new Vice President and Peter Vennewitz as our new Treasurer. Thanks also to Linda Leviton for continuing her work as our Secretary and for her informative and colorful recaps of presentations.

The board seeks new members every year as others complete their terms and retire from the board. IHLRN's many active committees do the core work that keeps our organization vital. We hope you will consider becoming more involved by volunteering on a committee that interests you or by considering being on the board.

We invite you to IHLRN's next conference – October 14-21, 2018 in Victoria, B.C., Canada at the Coast Victoria Hotel. Look for information about the conference via email, snail mail, and on our website: [www.IHLRN.org](http://www.IHLRN.org). We hope to see you there.

***Remember – bring your ideas to Victoria in October, or contact Sondra Fox, about how we can celebrate our 50<sup>th</sup> anniversary in 2019 and how you can add to the celebration.***

With love and gratitude,

Joanne Kennedy, President

**Monday – October 9, 2017**

## **PLENARY**

### **Intimacy After Distance (CECs) – Linda Leviton**

The first plenary session of IHLRN is generally devoted to reconstructing a community that has been meeting annually for 48 consecutive years, but has largely been out of touch since the previous meeting. Additionally there are always new participants to welcome and integrate.

In her plenary, Linda discussed and modelled the elements necessary to reconnect a community deeply and quickly. These included creating safety and trust, promoting vulnerability, and holding a safe container for connecting.



Unlike in a small on-going group, it can be a challenge to address group agreements and confidentiality in large group settings. Linda used the work of Virginia Satir and group dynamics to create a system that takes less than five minutes of the group's time and creates safety and clarity.

Linda started by explaining confidentiality, and asking members to behave in specific ways that promote a climate of safety. She reviewed the six core agreements listed below, asking for a raised-hand vote after each. This allowed everyone to witness the agreements at the same time, which fostered trust.

The core agreements are:

1. Confidentiality: No one will repeat anything they hear in a meeting outside the group without the speaker's permission.
2. Manners: One person speaks at a time, others listen attentively.
3. Permission: Participants ask if they can respond or comment on a statement before doing so.
4. Acceptance: As much as possible, participants will suspend judging the speaker; this requires controlling verbal and non-verbal communication that suggests disapproval.
5. Kindness: Questions, comments or responses are limited to encouragement (unless something else is requested) and phrased as "I statements" and opinions.
6. Non-personalization: Participants will avoid making assumptions about what their audience thinks about them or what they have shared.

These basic elements for building trust in a large group encourage vulnerability and growth with open-heartedness.

Next she described the sharing process: each person was given up to 3 minutes to give 1) their name 2) where 3) things they want people to know about the ups and downs of their previous year; and 4) anything they want to request or the hope of the group. She explained the elements of vulnerability, and modelled a share using herself as an example.

For approximately two hours each speaker held the group's full attention completely. This year, with 75 attendees, we needed to break for lunch and still most of the group returned to hear those who had not yet spoken.

The result was a fully cohesive re-entry that quickly created the connection, trust, and space for the new people that set the tone for a productive and deep retreat.

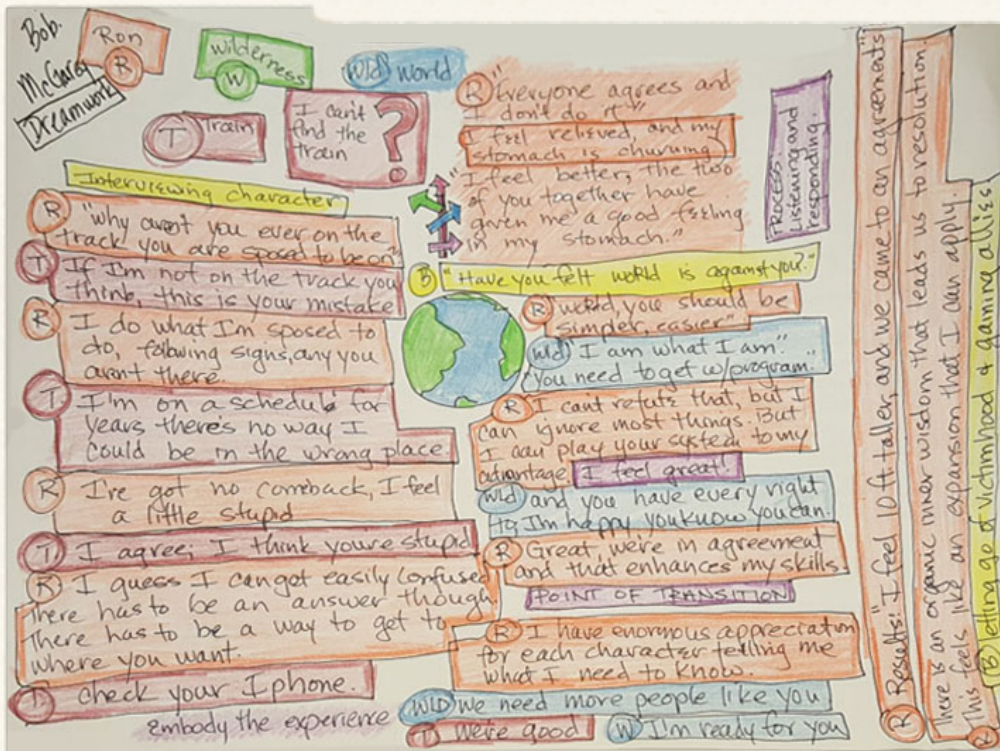
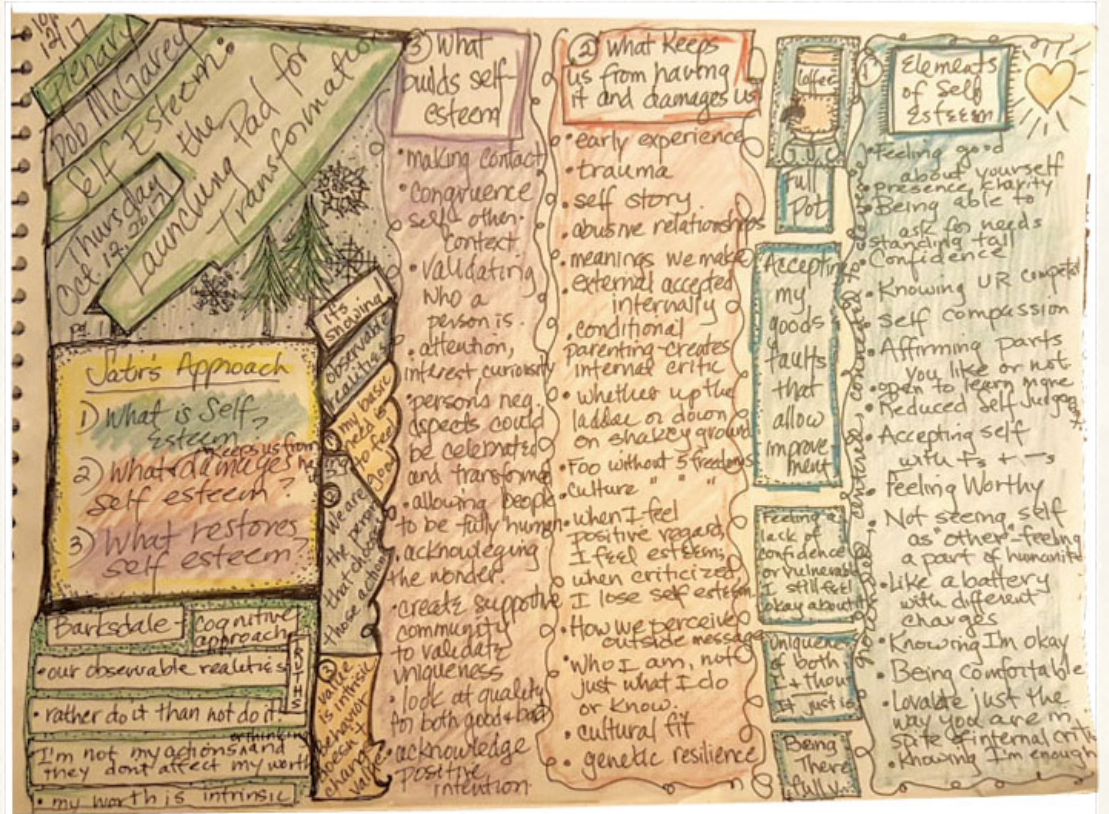


## WORKSHOPS

### Human Kaleidoscope (CECs) – Wally Zahnd

Wally spoke in relation to Virginia Satir using the Human Kaleidoscope, beginning with leveling working through different levels ending with I AM. Different levels include rules for commenting, style of communication, coping, feeling about feeling, feeling, perceptions, expectations, Gossamer Veil, yearnings, longings, ending with I AM. There was a question and answer time at end of presentation of 1 1/2 hours.

**Dreamwork  
(CEC's)  
Bob McGarey**







### **Find Joy in Structural Movement to Add Joy to Life – Dawn McCormick**

Dawn is a Certified Hellerwork Practitioner and utilizes movement to enhance her clients' bodywork experience and extend the effects. She presented a Structural Movement workshop directed toward adding joy to life through movement. We used golf balls to release the fascia throughout the hands and feet. In standing we found out about our emotional reactions to having weight shifted forward or back on our feet. Then we created a more optimal line from the earth through the top of the head to utilize gravity more effectively. After finding our center, we took our bodies for a walk around the room while drawing the belly button in and floating the knees forward to utilize the core.

### **EVENING**

On behalf of the Virginia Satir Global Network, Sharon Loeschen presented the Special "Living Treasure" award to Michele and Bud Baldwin and the "Outstanding Service" award to Barbara Jo Brothers.



## PLENARY

## A portrait of a middle-aged man with a full, light-colored beard and mustache, wearing glasses and a dark jacket with a Marmot logo. He is smiling and looking directly at the camera against a plain, light-colored background.

His first example was the introduction of ground breaking ideas of Freud of infantile sexuality, with the unconscious, and other revolutionary concepts. After meeting resistance, these ideas became codified as theory and institutionalized in Psychoanalytic Institutes.

spontaneity, experience, relationship, and the concept of communicative intimacy as a foundation for effective psychotherapy. Howard illustrated the Satir approach of congruent, "response-able" listening, providing the client or student with the full benefit of her presence. After the didactic presentation, participants were given a guided meditation, and were directed to share experience in triads.





## WORKSHOPS

### Joan Herrick's Legacy: MRI, Satir Beyond – Bill Roller and Bill Hansen



Joan Herrick worked early on with the Mental Research Institute (MRI) and while there, with others developed the *structured family interview* which was the basis for family therapy research in those years. With the help of two volunteers, Bill Roller conducted a simulation of what a structured family interview might have been at that time.



Two classic articles from the period --both written by Joan and Fred Ford, helped him

in devising the form of the interview: *Family Rules: Family Life Styles, American Journal of Orthopsychiatry, 44(1), January 1974* and *A Typology of Families-Five Family Systems, Australian Journal of Family Therapy, 3:2, pp77-81*. From the latter paper, there was created a questionnaire that he uses with his patients and students today. As part of the workshop, Bill Hansen gave a lovely and loving tribute to his wife Joan with many photos and memories shared.



### Qi Gong - Lynne Kasal

Qi gong is an ancient practice based on Chinese medicine. In this workshop we stretched the meridians of the body and learned a three Dantian (energy center) meditation which helps to clear the mind of distracting thoughts, clear the heart or restricting emotional attachments , and bring personal power to the individual.



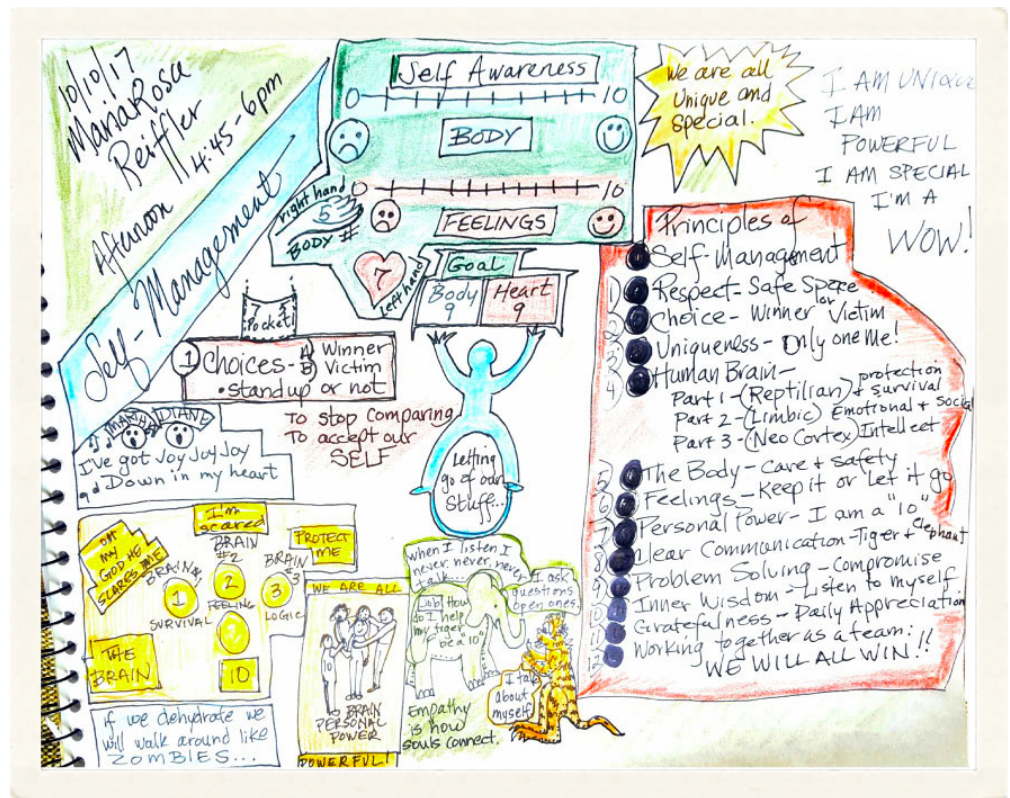
### Fraud in Churches - Pete Evans



Pete Evans started his talk with how \$59 billion is estimated in 2017 to be collected by fraud while only \$53 billion will be given to legitimate charities. Christian fraud is not alone; all the world's religions have corrupt organizations. Many other countries have their scammers: Brazil, Guatemala, Nigeria, & S. Africa. In the U.S. the IRS has been stopped in their efforts at enforcement. The Congress has not only refused to strengthen anti-fraud laws but has made it easier to escape prosecution. It is not a positive forecast with the present administration. The Trinity Foundation needs contributions & website is [trinityfi.org](http://trinityfi.org).



## Self-management to bring more into your life (CECs) – Maria Rosa Reifler



## Improv Fun– Todd Hart

Embracing failure, listening, committing to everything you do (even if it's "Wrong"), and building on what's already been created ("Yes, and...") are the core of Improv. A side-effect of doing improv is you're probably going to have a lot of fun. Letting the funny happen, instead of forcing something, is key as part of the goal in playing is the discovery of the fun.



The Association of Applied and Therapeutic Humor (AATH) welcomes anyone who is interested in learning more about the application and benefits of therapeutic humor. Members include scholars, psychologists, counselors, allied healthcare practitioners, nurses, social workers, physicians, funeral directors, business executives, human resource managers, educators, clergy, hospital clowns, speakers, trainers, and many others who incorporate humor in their life and work.

The annual conference is April 12-15, 2018 in San Diego, CA. You can attend the conference without joining AATH itself (at a slightly higher fee) and there are options to attend single days as well. CEU and CEM credits are offered for additional fee. More information including a link for registration can be found at <https://aath.memberclicks.net/annual-conference-2>

**Wednesday – October 11, 2017**

**PLENARY**

**Virginia's Hologram – Putting It All Together (CECs) – Jean McLendon**

In this presentation, Jean synthesized all of the elements of the Satir Model into a coherent whole. Beginning with the core elements of Self, Other, and Context, she wove a pictorial of how all of the parts fit together (e.g., family of origin triad, Family (and cultural) Rules, Mandala, Five Freedoms, Ingredients of an Interaction, Parts, the Change Process, the Stress Stances), including additional elements she has added (the heart to the Self-Esteem Maintenance Kit, the seven Ps and the seven As) to the original model as taught by Virginia Satir.



For Jean, the focal point of the model is to move the individual, couple, family, group or organization toward a point of congruence. In a masterful way, she provided an overview of the entire Satir Model that left those not as familiar with the model hungry to know more, and that showed others more familiar with the model connections between elements that they may never have seen before.



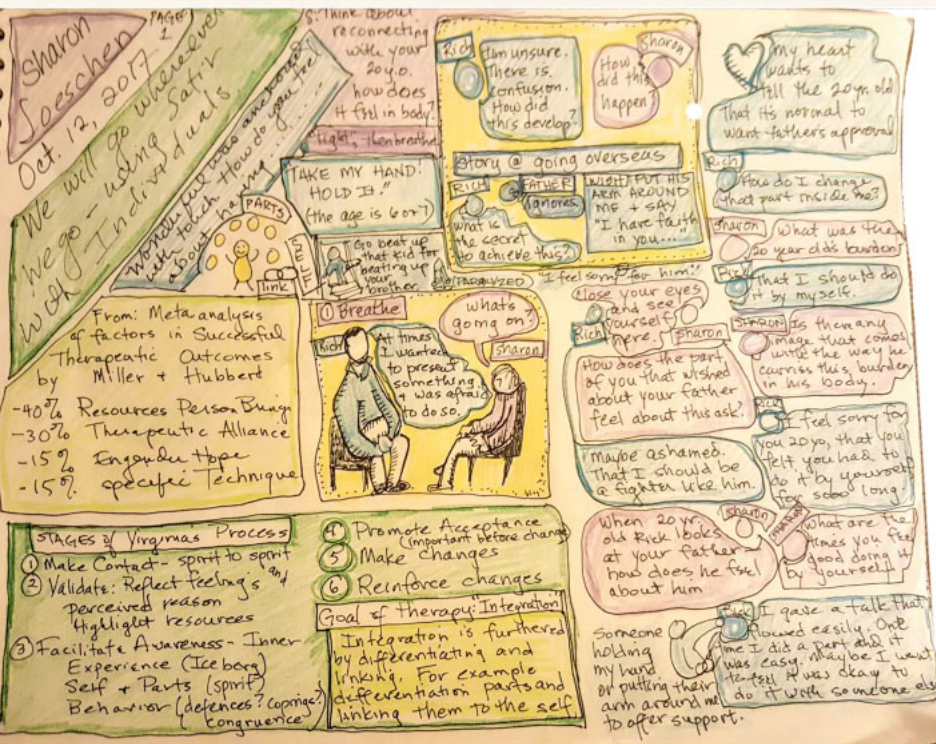


## WORKSHOPS

### Choosing Your Life Story(s): A Life Skills Training Program (CECs) – Sharon Loeschen

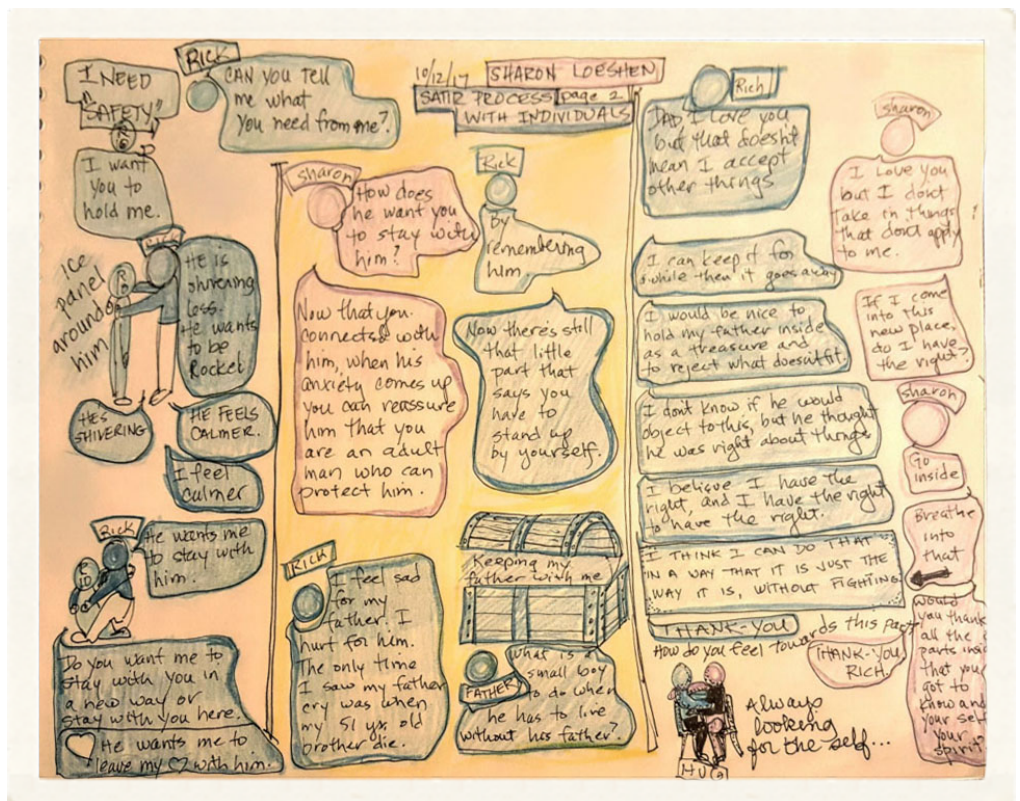
The purpose of the program was to increase the resourcefulness of the participants. The Learning Objectives were: 1) to understand the concepts and research validating the program; 2) to understand the current applications of the program and potential for the future and 3) to experience the process of the program.

Sharon began by sharing how she got involved in teaching the Satir-based program to gang interventionists in Los Angeles. And then how that evolved into using the stories of gang



interventionists from the community as the teaching vehicle for the life skills training program.

Sharon led the group in a mock session. They began by connecting, sharing how they got their name. This was followed by a entering exercise in preparation for the reading of the story. After the entering, Sharon shared the various focuses that are used: Inner and Outer Resources, The Resource of Choice and of Feelings and Life Sentences. She then read a Life Story and the participants processed it. This was followed by a closing circle.







### **Critical Incident (CECs)**

#### **– Wally Zahnd**

This session covered a person dealing with a current problem in their adult life returning to the childhood experience for healing. As Virginia said, we cannot change an event but we can change its impact on our lives. The workshop was based on the human kaleidoscope.

### **Life Choices, Eating Food Choices, Exercise, Meditation, Support Group (CECs)**

#### **–Walter Zahnd & Diana Kohler**

This workshop focused on plant based eating and its implications for longevity, curing or minimizing illnesses such as heart disease, diabetes, etc. There was great participation from all participants. The book on Dean Ornish' diet choices was recommended, as was Dr. Gregory.

### **Nonviolent Communication, Tools to help spread Satir's work – Liv Monroe**

Liv shared an overview of Nonviolent Communication, focusing on tools for getting to "unconditional positive regard." Participants shared personal situations and practiced utilizing the process. It was generally agreed that positive regard is not easily achieved, let alone without conditions. Everyone shared a personal difficult situation and practiced using the tools for a better outcome. Risking in this way contributed to learning for everyone as well as more questions.

A final component of the workshop was a physical exercise of leaning in an uncomfortable position with a partner and then moving into comfort in a way that metaphorically demonstrated the transformation of a relationship when one person in a relationship opens up to seeing the beautiful positive intention of the other. When FURIOUS get CURIOUS.



### **SOOTHING SADNESS**

"When the world falls apart, look for love among the edges of our shared chaos.

Its there, waiting in the frayed spaces where fear loosens its armor, waiting for us to knit our tired hands together and say "Yes." - Miranda Hersey

*And to this I say "yes" to you dear ones.*

*Chris Ford*



## THURSDAY

## PLENARY

Bob McGary presented an interactive presentation that explored the core of work that Virginia Satir did with another approach similar to hers; the Barksdale's approach. The exploration of Satir's approach drew on the group's wisdom to see how the two approaches reinforced each other and could lead to a similar place inside. Three questions were presented and responses were given by the participants. After the examination of Satir's approach was explored, Bob presented the

## WORKSHOPS

A workshop was split into two parts. First part presented by Svetlana Polakova was The Application of Virginia Satir model in NGO in Slovakia, principles and tools used in a daily work with children and youth. Second part of the workshop was experience part lead by Nada Feketeova. The aim was to give participants an experience of how a social counselor can use congruence and cope with aggression, fear and other emotions of children and youth.

## **Clinical Demonstration of Applying Satir Concepts to Working With Individuals**

### **– Sharon Loeschen**

Introduction to the Demonstration began with a review of Sharon Loeschen's Concept of Satir Process. She describes six phases: Making Contact, Validating, Facilitating Awareness, Promoting Acceptance, Making Changes and Reinforcing Changes.

Sharon worked with Rich Hoffman, differentiating younger parts which carried several beliefs that were blocking his full use of himself. She then worked to elicit his spirit self to heal these parts. When this occurred, he related feeling calm and okay as opposed to his internal distress at the beginning of the session.

### **Video Presentation: “Scandal Made Me Famous” re: Jim Bakker... and more about Trinity Foundation's investigations of religious fraud**

On Thursday afternoon, we watched a 45-minute made-for-TV docu-drama that Trinity Foundation helped with about the Jim Bakker/Jessica Hahn scandal, featuring Trinity's president Ole Anthony. In this second presentation of the week, Pete Evans also spoke extensively about religious mail fraud and how it evolved. He also expounded on his undercover work experiences for their investigations.



## **Friday – October 13, 2017 PLENARY**

### **Hologram II: Power Point and Walking the Hologram (CECs) – Jean McLendon**

This presentation was a follow up to Jean's earlier presentation on The Satir Process. The group had asked for a more thorough description of elements of the Satir Process and a demonstration session showing how Virginia's system is used in an actual therapy session.

One of Jean's talents is presenting this material while also conveying the underlying emotions which drive the information and make a real connection between therapist and "star". It is this connection which enables the formation of a trusting relationship that is the basis for personal growth.

As the “star” in this interview, I can testify to Jean's ability to connect and do her part to provide an accepting and authentic connection. I felt thoroughly seen and heard and was comfortable enough to be totally honest about some things I had had no intention of revealing. As a result I felt lighter and brighter after our encounter. Jean's demonstration also had the audience in mind as she chose items from her Tool Box to emphasize connections with her intellectual presentation.



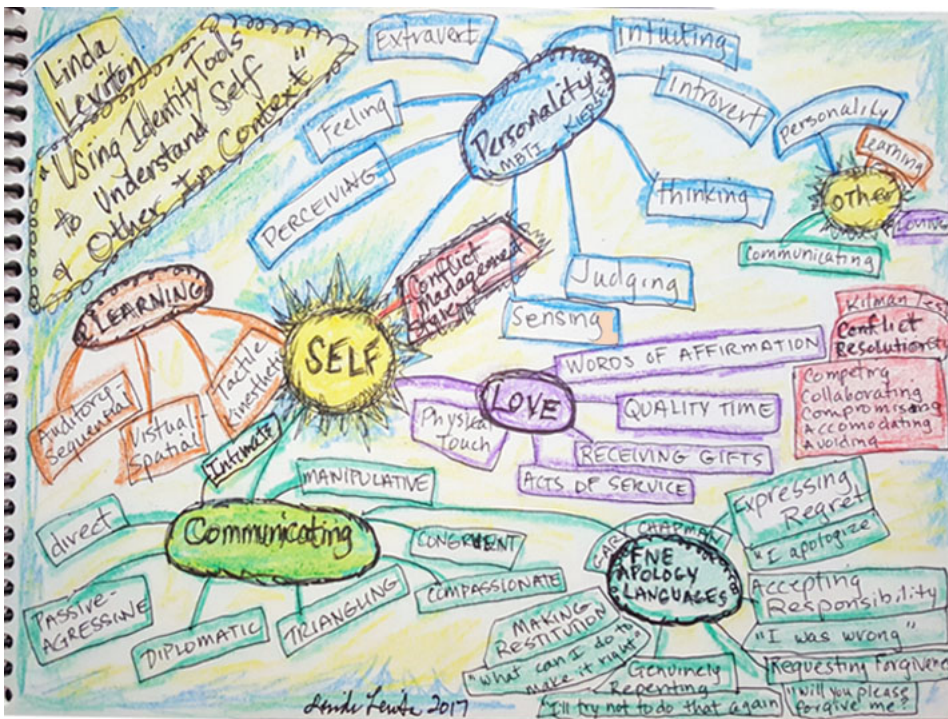
## WORKSHOPS

### Group Dynamics & New Heroism (CECs) – Bill Roller

*Group Dynamics and the New Heroism: The Ethical Alternative to the Stanford Prison Experiment.* We watched a 25-minute segment of the 2 hour edition of the videos created to capture the process of the 10 1/2 hour Berkeley Civic courage and heroism experiment. In that study, 8 individuals participated in forming a group that developed a plan of nonviolent action in defense of an ethical principle or person in need even at cost to themselves. This was a study in collaborative leadership, socio-centric bonding, and leading to an outcome in the public interest. It is the first study of the kind to look at the group dynamics of conscience followers as they made the effort to take nonviolent action.

### World Views, Know Your Audience – Sherry Heinze

Sherry presented a short workshop on using worldviews to help identify the way a group sees the world, based on a workshop developed by 5 Deep in the UK. Sherry finds worldviews a very helpful way to choose an approach to use with a group of people she has not worked with before.



### Using Identity Tools to Understand Self and Other in Context (CECs) – Linda Leviton

Linda explained and modeled how she uses personality inventories like the Kiersey (based on Myers-Briggs Type Indicator: introvert/extrovert, judging/perceiving, intuiting/sensing, feeling/thinking) and Learning Styles inventories (auditory-sequential, visual-spatial, tactile-kinesthetic) to help students, couples, families and corporate groups see individual emotional profiles as a unique set of idiosyncrasies. Reframing these as

"superpowers" helps kids and parents shift from labels such as "my kid is lazy and oppositional" to "oh, he is asking for what he needs." She gave the example of how a child who is strongly introverted but lives in a family of extroverts, may tend to disappear and ask "do I fit, what's wrong with me?" When a personality type is perceived with judgment within a group, Satir's communication stances kick in. Simple acknowledgment from a place of congruence is the antidote! All participants had a chance to define our personality types and as I recall, the extroverts outnumbered the introverts!

### **Nuts and Bolts of Leading Groups that Thrive (CECs) – Ann Steiner**

Ann presented an overview of types of groups and the considerations necessary to maintain cohesiveness and confidentiality. She then addressed the types of groups each participant would be facilitating and provided details on how different types had different requirements and goals. Most important was understanding the purpose of the group and vetting members to avoid potential problems. Also having both an entrance and exit strategy with buy-in from all members at the start of the group.

### **Structural Movement for Balance and Fluidity – Dawn McCormick**

In Dawn's second workshop we explored how to move from and through our feet to create an elephant swing. In a spiral, rotating from the floor through the crown of the head while allowing for the arms to just hang from the shoulder. During the elephant swing Dawn talked about the importance of self moderation to stay within pain free range of motion by listening to your body and moving within a smaller range or more slowly, if necessary. We also explored both seated and standing undulation from varying segments of the spine in small, medium and large ranges. There was also time spent on grounding the feet and pushing through them to move from sitting to standing. Most of us pull ourselves up, but pushing is more effective and efficient. All in all we had a great time moving around the room to find Joy in Movement.

## **SPECIAL EXTRA Saturday Session**

### **Family Reconstruction**

#### **Laura Dodson PhD using Andy Balin's charts**

About 18 of us gathered and Laura Dodson described the purpose and process of Virginia Satir's Family Reconstruction. Briefly, family reconstruction "reconstructs" the family of the Star through role players, giving the Star the possibility of meeting deceased family members in the Star's ancestry, talking with them, asking questions, and having discussion. Imagination of the group attending is needed as they learn about the research done on the person they are playing and live into the role.







**Saturday  
free day & evening**

Banquet dinner and evening  
party and dance: Lots of fun!



## Auction Report - Wendy Silver

My report on the Auction is very satisfying. I really didn't think we would bring in that much even though there were tons of stuff. My big thank you to all who overpaid, that helped a lot! The Auction brought in \$2,637.50. There were other direct donations to the Scholarship fund that added up to \$1,200.00, but which we are not adding into the auction total. So from 1997 when we started keeping track, we have brought in a total of \$31,891.50. That is an average of almost \$2,900.00 per year. Thank you All!

## PASSINGS

### Becky Spitzer

It is with a mixture of profound sadness and gratitude that we announce the passing of another member of our unique intentional community. Becky Spitzer died on January 17 of congestive heart failure. Becky and her husband Bob were among Virginia's closest friends and confidantes. Virginia selected both to be on the first IHLRN Board of Directors and Becky to be Vice President. She served in that role for more than twenty years. She also served as Program Committee chairman for many years. Through their company Science and Behavior Books Becky and Bob published all of Virginia's books.

Becky was active in many community organizations working for social justice and reproductive health care. No one who knew her could fail to be impressed by her competence, intelligence, energy, graciousness, smile, and understated elegance.

According to her family, at the time of her passing Becky was "at home in peace, encircled by love. Her final weeks were remarkable. Becky was full of gratitude, wonderment, and great stories. Often special wisdom seeping through..." Becky and Bob's children are Daniel, David, and Mandy. When details of a celebration of Becky's life are available we will share them.

**Messages for the family, SEND TO: 4146 Amaranta Court, Palo Alto, CA 94306-3906.**

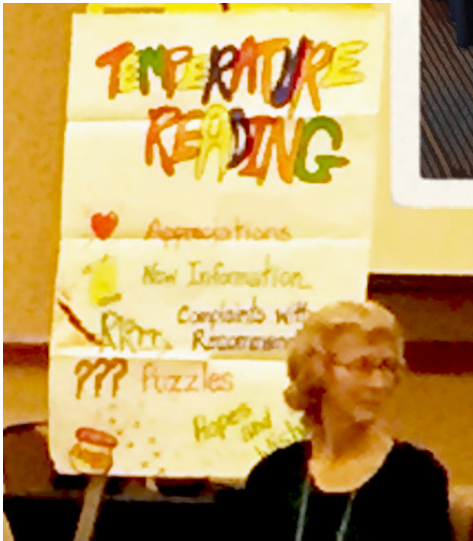


### Linda Kramer

Our dear friend and IHLRN member Linda Kramer died on Christmas Eve morning after a brief illness. Linda and her husband Hal were long time members of IHLRN, and students and friends of Virginia. Combining their extensive individual experience in the publishing industry, Hal and Linda founded H J Kramer, Inc. in 1983. The mission of H J Kramer was and continues to be to touch as many lives as possible with books that provide the tools to build a kinder, more balanced world. By 1984 Hal and Linda had published Dan Millman's *Way of the Peaceful Warrior*, which went on to become a worldwide bestseller. Many wonderful, life changing books for both adults and children followed.







## IHLRN Sites 48 Years !

1970 Hacienda Vista Hermosa, Morelos, Mexico (1)  
 1971 Hacienda Vista Hermosa, Morelos, Mexico (2)  
 1972 Sarasota, Florida (1)  
 1973 Naples, Florida  
 1974 Venture Inn, Palm Springs, California  
 1975 Maui, Hawaii  
 1976 Ishcia, Italy  
 1977 Coolfont Conference Center, Berkeley Springs, W.VA  
 1978 Aspen, CO  
 1979 Hacienda Vista Hermosa, Morelos, Mexico (3)  
 1980 Several Hotels in Menton, France  
 1981 Hacienda Vista Hermosa, Morelos, Mexico (4)  
 1982 Hacienda Vista Hermosa, Morelos, Mexico (5)  
 1983 Sheraton-Molokai, Molokai, HI  
 1984 Esalen Institute, Big Sur, CA  
 1985 Hotel Libertas, Sveti Stefan, Yugoslavia  
 1986 Biltmore Hotel & Resort, Palm Springs, CA (1)  
 1987 Hacienda Vista Hermosa, Morelos, Mexico (6)  
 1988 Rarotonga, Cook Islands  
 1989 Hacienda Vista Hermosa, Morelos, Mexico (7)  
 1990 Ramada Resort Hotel, Palm Springs, CA (2)  
 1991 Hotel Dom Joao II, Portimao, Portugal (1)  
 1992 Hacienda Vista Hermosa, Morelos, Mexico (8)  
 1993 Longboat Key Hilton, Sarasota, FL (2)  
 1994 Haven-By-the Sea, Gabriola Island, BC, Canada (1)  
 1995 Hacienda Vista Hermosa, Morelos, Mexico (9)  
 1996 Hotel Dom Joao II, Portimao, Portugal (2)  
 1997 Haven-By-the-Sea, Gabriola Island, BC, Canada (2)  
 1998 Longboat Key Hilton, Sarasota, FL (3)  
 1999 Hacienda Vista Hermosa, Morelos, Mexico (10)  
 2000 Renaissance Antayla Beach resort & Spa, Turkey  
 2001 Radisson Poco Diablo Resort, Sedona, AZ  
 2002 Hacienda Vista Hermosa, Morelos, Mexico (11)  
 2003 Bethel Inn & Country Club, Bethel, ME  
 2004 Barcelo Maya Beach Resort, Riviera Maya, Mexico  
 2005 The Dana at Mission Bay, San Diego, CA  
 2006 The Crossings, Austin, TX  
 2007 Sueno Azul Resort,, Sarapiquí, Costa Rica  
 2008 Ashland Springs Hotel, Ashland, OR  
 2009 Hacienda Vista Hermosa, Morelos, Mexico (12)  
 2010 Sebasco Harbor Resort, Sebasco, Maine  
 2011 The Grand Hotel, Tours, France  
 2012 The Dana, San Diego, CA  
 2013 Granlibaken, Lake Tahoe, CA  
 2014 Prague, Czech Republic  
 2015 Lake Junaluska, Ashville, NC  
 2016 Embassy Suites, La Quinta, CA  
 2017 Sun River Resort, Bend OR

